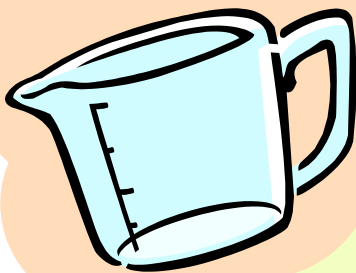




Dry Measure

Conversion Charts

1 cup	8 fl oz	16 Tbs	48 tsp	237 ml
3/4 cup	6 fl oz	12 Tbs	36 tsp	177 ml
2/3 cup	5 1/3 fl oz	10 2/3 Tbs	32 tsp	158 ml
1/2 cup	4 fl oz	8 Tbs	24 tsp	118 ml
1/3 cup	2 2/3 fl oz	5 1/3 Tbs	16 tsp	79 ml
1/4 cup	2 fl oz	4 Tbs	12 tsp	59 ml
1/8 cup	1 fl oz	2 Tbs	6 tsp	30 ml
1/16 cup	1/2 fl oz	1 Tbs	3 tsp	15 ml
1/48 cup	1/8 fl oz	1/3 Tbs	1 tsp	5 ml



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